

Fwd: IMPORTANT: Share your spring break travel plans for campus health preparations

1 message

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Sat, Apr 4, 2020 at 4:26 PM

Begin forwarded message:

From: "Office of the Vice Chancellor Student Affairs (campus-wide)" <CALmessages@berkeley.edu> Subject: IMPORTANT: Share your spring break travel plans for campus health preparations

Date: March 6, 2020 at 9:03:27 PM EST

To: calmessages communication@lists.berkelev.edu



Division of Student Affairs

Dear undergraduate, graduate, and professional school students,

As more information emerges regarding the novel coronavirus (COVID-19), we are taking precautionary steps to support our residents and families. Please keep in mind that the risk to anyone in the general U.S. population remains low, according to the Centers for Disease Control and Prevention.

We recognize that many students have travel plans in the coming weeks including during **Spring Break (March 23 - 27, 2020)**. We also know that many travel plans have been cancelled and/or postponed and, as a result, some students will be staying in their current residence.

To help us prepare and offer appropriate support, **please take this important two-minute survey** to share your upcoming travel plans. This will allow us to best support students who will remain on campus and to be aware of who is traveling. The survey will remain open until the beginning of Spring Break. If you experience any issues with the survey please contact ucbsurveys@berkeley.edu.

Please visit this survey URL:

https://berkeley.qualtrics.com/jfe/form/SV_7R7vvEllbhy0MPb

Sincerely, Stephen C. Sutton, Ed.D. Vice Chancellor for Student Affairs

Lisa García Bedolla Vice Provost for Graduate Studies & Dean of the Graduate Division Professor, Graduate School of Education

Campus Travel Guidelines

Please read the recent campus message with travel guidelines.

General health advice

Whether you are traveling or staying on campus, we remind the campus community to take appropriate precautions. Please call your healthcare provider or the University Health Services (UHS) Advice Line for students at (510) 643-7197 immediately if both of the following are true:

- You have a fever (>100.3F if measured) or cough/difficulty breathing AND
- Travel to any area with sustained transmission within the two weeks before symptoms start or contact with a proven case of coronavirus.

See UHS's Staying Healthy page for tips on best practices such as:

- Keep your immune system healthy by getting plenty of SLEEP, nutrition, stress-relief, and exercise.
- Wash your hands with soap and water or an alcohol-based hand sanitizer (contains at least 60% alcohol) if soap and water are not available. Wash your hands frequently, for at least 20 seconds, and certainly after sneezing or before/after touching your face or a sick person.
- Cover your mouth and nose with a tissue or your sleeve (not your hands) when coughing or sneezing, if you are ill
- · Avoid touching your eyes, nose, and mouth.
- · Avoid contact with others who are sick
- · Do not travel while sick.

Campus leaders continue to meet regularly to address prevention and response efforts, and will provide regular updates to campus. Please see our Student Affairs updates page, as well as the latest campus-level updates on the campus coronavirus information page.

This message was sent to all undergraduate and graduate students. If you are a manager who supervises UC Berkeley employees without email access, please circulate this information to all.

Please do not reply to this message

